

SPECIAL ADVERTISING SECTION

## Women Who Move Maryland

Get to know seasoned business owners, entrepreneurs, and leading women in the greater Baltimore community

Baltimore magazine - February 2017



**An accomplished clothing designer, a well-known architect, a successful money manager, a leading plastic surgeon.**

Those are just a few of the 53 outstanding local women we're proud to feature in this year's Women Who Move Maryland section, which salutes select business owners, professionals, and company officers who represent the leading role women have taken in greater Baltimore.

And their participation in the section has extra significance: Some of our proceeds will go to the American Heart Association's Go Red for Women campaign. In the pages that follow, the supplement offers business owners and executives a fresh venue to introduce themselves to both our readers and to other entrepreneurs—and it's for a great cause.

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PRESENTED BY:



## **Kavita Sharma, MD**

Assistant Professor of Medicine, specializing in heart failure/transplant cardiology

## **Erin Michos, MD, MHS**

Associate Professor of Medicine

## Wendy Post, MD

Professor of Medicine

## Jennifer Lawton, MD

Chief of Johns Hopkins Division of Cardiac Surgery

## Maggie Arnold, MD

Assistant Professor of Surgery

## Pamela Ouyang, MBBS, MD

Director of Johns Hopkins Women's Cardiovascular Health Center

## Marlene Williams, MD

Associate Professor of Medicine

### Johns Hopkins Women's Cardiovascular Health Center and Johns Hopkins Heart and Vascular Institute

443.997.0270

[VISIT WEBSITE](#)

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#### Women and Heart Disease

Cardiovascular disease is the No.1 killer of all Americans and the top cause of death in women, claiming more lives each year than all forms of cancer combined. At Johns Hopkins Medicine, we recognize the effects it has on everyone but also understand that women face unique challenges. Women are often undertreated for symptoms leading to a heart attack because the symptoms experienced by women can differ significantly from those experienced by men.

Dedicated teams at Johns Hopkins Heart and Vascular Institute and Johns Hopkins Women's Center for Cardiovascular Health are working to move women toward a healthier heart.

"Women fear breast cancer more, even though they're six times more likely to die of coronary heart disease or stroke" says Pamela Ouyang, M.B.B.S., director of Johns Hopkins Women's Center for Cardiovascular Health—part of Johns Hopkins Heart and Vascular Institute. The center combines advanced medical and interventional treatments with additional focus to prevent heart disease. The multidisciplinary team includes cardiologists, vascular surgeons, and cardiac surgeons from Johns Hopkins Heart and Vascular Institute, as well as fitness experts.

#### An Integrated Approach to Advanced Care

Skilled cardiovascular surgeons, led by Jennifer Lawton, M.D., chief of cardiac surgery, use advanced techniques and personalized care for women requiring surgical intervention to ensure the best possible outcomes and fastest recovery times.

#### American Heart Association Funded Research

Providers also recognize the importance of continually working toward better diagnosis and improved care, which can only happen through research. Funded by the American Heart Association's Go Red for Women Research Network, researchers at Johns Hopkins led by Ouyang are conducting studies to identify a personalized approach for treatment and prevention of a specific type of heart failure. This condition more commonly affects women and has no proven therapies to date. Researchers will focus on sex differences in the heart muscle as they search for answers.

#### Heart Health Needs to Be a Priority

Our physicians believe that every woman should make her heart health a priority. Lawton cautions, "Women are very good at going to their gynecologist for a pap smear and mammogram every year, but they should also be evaluated for

their risk of cardiovascular disease.”



## Julia Arfaa

Attorney

### Arfaa Law Group

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410.889.1850

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Julia Arfaa always dreamed of being a trial lawyer—and knew she would be good at it. After working on the defense side of medical malpractice, Arfaa jumped to the plaintiff side for 14 years, and in 2013, opened her own firm, initially working out of her home with one assistant. She now operates the Arfaa Law Group in Clipper Mill, competing with established Baltimore firms and securing millions in awards each year for her clients. She is particularly committed to children with brain injuries, who may never have a chance to live normal lives. Her empathy and passion for families in these cases, she says, are a driving force. Among Arfaa’s many accolades are recognition as a Top Litigator and a Top 100 Trial Lawyer from the National Trial Lawyers. She has also been named one of the top 50 female lawyers in Maryland by Super Lawyer’s, which appears in Baltimore.



## Irena Stein

Proprietor

### **Alma Cocina Latina**

2400 Boston Street Suite 108

Baltimore, MD 21224

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Irena Stein's original career is Anthropology, but her first love is food. Her Boston Street restaurant, Alma Cocina Latina, offers a highly imaginative menu of Venezuelan food made with a complex and wide variety of ingredients. Stein, who also owns Café Azafrán on the Homewood campus of The Johns Hopkins University, believes that food is the foundation of culture, and that sharing it helps to break down social barriers. "Food plays a large role in the foundation of world peace," she says. Alma Cocina Latina has been named Best Restaurant and Best Chef in Baltimore magazine reader polls, and is one of The Baltimore Sun's 10 best restaurants. Alma means soul in Spanish, and Stein says her restaurant is a thank-you to the city for its hospitality and support during the 18 years she has lived here.



## Julia Huggins

President, Mid-Atlantic

### Cigna

111 S. Calvert Street Suite 1600

Baltimore, MD 21202

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Julia Huggins is president of the Mid-Atlantic office of Cigna, a leader in the health-service industry tracing its roots back more than 200 years. In the past five years, Cigna has seen strong, double-digit growth in Maryland as it expands both its customer base and the products it offers. The company has become the pre-eminent health-related benefits partner for government clients and private-sector employers. At the same time, Cigna's Mid-Atlantic operations boast nearly 3,500 employees.

As regional president, Huggins focuses on skill-building in both her own job and in the employees she works with and mentors. In her early career, she worked in claims processing, before moving on to underwriting, project management, and financial and operational leadership. Each role helped her to broaden her skill sets and learn about every aspect of operations.

Under Huggins's leadership, Cigna has been recognized by the Maryland Health Care Commission for its quality of care and service as the top-performing PPO plan in Maryland. The company also received a Million Hearts recognition from the Maryland Department of Health and Mental Hygiene.

Named one of the Baltimore Sun's 25 Women to Watch in 2016, Huggins is also active in the community, sitting on the

boards of the Maryland Business Group on Health, the American Diabetes Association's Maryland Chapter, the American Heart Association in Maryland, Penn-Mar Human Services, and the Montgomery County Business Roundtable for Education. She promotes health and well-being in the region, working with the American Diabetes Association's Greater Maryland Tour de Cure, the American Heart Association's CPR in Schools Training, the Baltimore County Department of Aging's Fun Run, and many more causes.



## **Nicole C. Brummer, DDS, MS**

Owner

### **Brummer Orthodontics**

8320 Bellona Avenue, Suite 10B

Towson, MD 21204

410.415.1003

[VISIT WEBSITE](#)

Brummer Orthodontics's specialty is creating beautiful, functional smiles that last a lifetime. Dr. Nicole Brummer and her team take pride in the care and attention they provide to families. In their new state-of-the-art office, the practice provides comprehensive orthodontic services including braces, Invisalign™, and accelerated orthodontic treatment for children, teens, and adults.

Dr. Brummer graduated cum laude from Duke University and received her DDS magna cum laude from the University of Maryland School of Dentistry. She earned a Master of Science from The University of Louisville where

she completed her orthodontic residency. She is a member of the American Association of Orthodontists and the American and Maryland State Dental Associations, among other professional groups.

Brummer Orthodontics invites new patients to schedule complimentary consultations to experience the skill and compassion that sets Dr. Brummer apart.



## **Lynn R. Chincheck, DDS**

9475 Deereco Road Suite 402  
Timonium, MD 21093  
410.561.8845

[VISIT WEBSITE](#)

With a practice motto of, “The health you deserve, the beauty you crave,” Lynn Chincheck believes that most people appreciate a beautiful smile, and she makes sure that her patients walk out of her office happy, with their expectations met or exceeded. Dr. Chincheck builds health-centered relationships, and her strong commitment to continuing education ensures that her patients’ health goals are realized in the most optimal way.

A magna cum laude graduate of West Virginia University, Dr. Chincheck went on to receive her DDS at that institution’s school of dentistry.

She established her own private practice in 1990, and employs six team members with a combined total of more than 120 years of dental experience. “Lasting beauty,” she believes, “requires care and skill—without sacrificing comfort



or good health.”



## Susan Green

Attorney

### **The Law Offices of Susan R. Green, PC**

606 Baltimore Avenue Suite 400

Towson, MD 21204

410.494.7400

[VISIT WEBSITE](#)

As a child, Susan Green witnessed how a miscarriage of justice affected someone close to her. To ensure others the fair treatment promised by the legal system, she decided to pursue a career in law.

Today, her Towson firm, known as Hardball, The Law Offices of Susan R. Green, focuses on personal injury, medical malpractice, misdiagnosis, and birth injuries. Green, who received her J.D. at the University of Baltimore, is a trained mediator and a member of the Maryland, Florida, D.C., and Federal Bar Associations.

During her decades in practice, she has been the recipient of awards for her legal, legislative and alternative dispute resolution endeavors. She was appointed to the Baltimore County Ethics Commission in 2012 and is a frequent guest on radio and television.

Particularly passionate about Lyme disease, Green has worked with state and federal legislators to write laws to

inform and protect patients and physicians alike. She serves as legislative counsel to the National Capital Lyme Association, receiving the organization's Appreciation Award in 2012.

Green was instrumental in establishing civil liability for the transmission of sexually transmitted diseases between partners in Maryland, and also helped craft a definition of gender bias in the Maryland courts, a case selected as the American Trial Lawyers Case of the Year.

Her successes on behalf of her clients, as well as her influence in the political arena, make her a woman to watch.



## **Shari C. Kohn, DDS, PA**

Board-Certified Pediatric Dentist

## **Melena Evancho Parlette, DDS**

Board-Certified Pediatric Dentist

### **Dentistry for Kids**

100 Sparks Valley Road, Suite C  
Hunt Valley, MD 21152  
410.771.8200

[VISIT WEBSITE](#)

Dentistry for Kids believes in prevention. Drs. Shari Kohn (left) and Melena Evancho Parlette (right), both board-certified pediatric dentists and both named Top Dentists in Baltimore's annual peer survey, work with families to ensure a child's dental—and overall—health. Dr. Kohn has been practicing dentistry for more than 20 years, and has found that the attitudes and practices established in childhood remain throughout her patients' lives. Dr. Kohn emphasizes the Age 1 Dental Visit, which counsels parents to guide their children in healthy practices. "The age 1 visit provides a dental home in the event of any questions or emergencies," she says.

Dr. Evancho Parlette is a highly trained, caring dentist who has received numerous awards and is a fellow with the American Academy of Pediatric Dentistry. What sets Drs. Kohn and Evancho apart is the compassion and attention to detail they bring to their work with children.



## **Laura Freitag**

Partner, Assurance

## **Christine M. Reed**

Senior Manager, Advisory Services

### **Ernst & Young LLP**

621 E. Pratt Street  
Baltimore, MD 21202  
410.539.7940

[VISIT WEBSITE](#)

Laura and Christine share a goal to help elevate more women into leadership positions both inside and outside of Ernst & Young (EY). Research shows that companies with more women at the top outperform others and EY is very focused on accelerating the achievement of gender parity.

For Laura, the focus is on health care. “My health clients have undergone unprecedented change under the Affordable Care Act and, under the new administration, more change is on the way,” she says.

Christine’s emphasis is on cybersecurity, which “affects every level of the business,” she says. “Focus on cyber risk management is imperative and EY was recently ranked number 15 by Cybersecurity Ventures in the top 500 companies that provide cybersecurity products and services.”



**Karen L. Beasley, MD**

**Margaret A. Weiss, MD**

**Sarah Hahn Hsu, MD**

**Maryland Dermatology Laser, Skin & Vein**

54 Scott Adam Road, Suite 301

Hunt Valley, MD 21030

410.469.6668

[VISIT WEBSITE](#)

Dr. Margaret Weiss, Dr. Karen Beasley, and Dr. Sarah Hsu draw from their vast experience to provide personalized care to their patients.

Specializing in medical and cosmetic dermatology, laser surgery, and treatment of varicose and spider veins, Dr. Weiss co-directs MDLSV with Dr. Robert Weiss and partner Dr. Beasley, and also co-founded the Maryland Body Sculpting Center. A clinical assistant professor of dermatology at the University of Maryland, she also serves on the board of directors of the American Society for Dermatologic Surgery. After attending Princeton University, she received her B.A. and M.D. from The Johns Hopkins University. Past assistant professor of dermatology at Johns Hopkins, Dr. Weiss completed her dermatology residency as chief resident there.

Dr. Beasley graduated magna cum laude from Loyola College in Baltimore and is an Alpha Omega Alpha Honor Society graduate of the University of Maryland School of Medicine, where she is now a clinical assistant professor of dermatology. She is trained in skin rejuvenation techniques, injectables such as Botox<sup>®</sup> Cosmetic and fillers, laser surgery, and the treatment of spider and varicose veins.

Drs. Weiss, Dr. Beasley, and associate Dr. Christian Halvorson welcome Dr. Hsu as the latest associate of MDLSV. Dr. Hsu completed her B.A. and M.D. at The Johns Hopkins University, an internship at Johns Hopkins Bayview Medical Center, and residency training at Boston University's Boston Medical Center. She brings a special expertise in Asian skin to her aesthetic dermatology fellowship at MDLSV.



## **Maya Brooks, DMD**

### **Greater Baltimore Prosthodontics**

110 West Road, Suite 200

Towson, MD, 21204

With her kind manner and attention to detail, Dr. Maya Brooks provides personalized care for each patient. While stressing prevention, Dr. Brooks and the other professionals at Greater Baltimore Prosthodontics offer a full array of cosmetic and restorative procedures, as well as treating complex cases, from dental implants to full-mouth reconstruction. State-of-the-art equipment and an onsite lab ensure superior outcomes for patients.

A graduate of the University of Pittsburgh School of Dental Medicine, Dr. Brooks completed her general practice residency in Brooklyn, New York in 1996, and worked in private practice before joining Greater Baltimore Prosthodontics in 2003.

She stays on top of the latest advances, using progressive materials and techniques, and works with patients so they are well-informed about all the choices available to them.



## Kelly Ribeiro

Owner

### MaidPro

8005 Harford Road Suite 103

Parkville, MD 21234

410.529.5690

Baltimore native Kelly Ribeiro's parents were small business owners and, early on, instilled in her a passion for

entrepreneurship and job creation. Ribeiro took over MaidPro in 2010 and has since increased the recurring client base by 450 percent and hired more than 50 new permanent employees. The company, which Ribeiro runs with her husband, Eric, also opened a second office in Catonsville.

MaidPro's success is due to the thorough 49-point checklist™ that guarantees a spotless home after each cleaning. Ribeiro's company doesn't lock customers into multi-visit contracts, believing instead "that we have to earn your business every time," she says. Ribeiro and her family live in Baltimore and give back to the community in many ways, including working with the Community Assistance Network to provide meals to the homeless and donating regular cleaning service to Boys Hope Girls Hope of Baltimore.



## **Teresa Donofrio Snyder**

President

### **Roland Park Place**

830 W. 40th Street  
Baltimore, MD 21211  
410.243.5800

[VISIT WEBSITE](#)

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As the first woman president of Roland Park Place, the only Continuing Care Retirement Community (Life Plan Community) in Baltimore City, Teresa "Terry" Snyder is fulfilling a personal commitment to older adults. Snyder's journey began with her relationship with her centenarian great-grandmother, a woman she admired very much.

Snyder holds a bachelor's degree in behavioral

and social sciences from the University of Maryland College Park and she pursued graduate study in gerontology at Hood College. Licensed as a nursing home administrator since 1992, she joined Roland Park Place in 2003.

An ex officio member of the Roland Park Place Board of Directors, Snyder is a founding board member of LeadingAge Maryland, serves as board chair for St. Mary's Outreach Center in Hampden, and has been recognized by *Smart CEO, Baltimore*, and *The Daily Record*, which honored her as a Most Admired CEO in 2016.

Under Snyder's stewardship, Roland Park Place has garnered awards from the governor, the Maryland Department of Aging, and the Baltimore Mayor's Certificates of Recognition. The senior living community, which offers independent-living apartments and communal areas where residents socialize, also holds classes and lectures and provides transportation to cultural attractions.

On-site assisted living, short-term rehab, and long-term care services are also offered.

Roland Park Place's Community Involvement Committee coordinates a variety of volunteer efforts assisting local charitable programs, including the Salvation Army, Manna House, Strong City Baltimore, the Maryland SPCA, St. Mary's Outreach Center, Roland Park Baseball League, and the Alzheimer's Association. The committee received the 2016 Mayor's Business Recognition Award from the Greater Baltimore Committee for its work to serve those in need.



## **Lori Villegas**

Senior Vice President, Wealth Advisor

### **Morgan Stanley**

650 S. Exeter Street, Suite 1100  
Baltimore, MD 21202



410.736.5570

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As a Morgan Stanley Wealth Advisor, Lori Villegas designs custom strategies with her clients to manage, preserve, and transition their wealth. Villegas, with more than 20 years of experience, focuses on first-generational wealth, working with business owners and executives to help them preserve their wealth and create individual plans that address their distinct needs. “Being a woman in a male-dominated field gives me a distinct perspective,” says Villegas, who was named as one of Maryland’s Top 100 Women 2015 by The Daily Record.

Villegas gives back to the community by mentoring other businesswomen, participating in Giving Circles, and working with various charitable organizations. “I hope that my small impact will help Baltimore be a better city,” she says.



## **Katie Heyman**

Interior Designer

## **Angela Smith**

Interior Designer

### **Owings Brothers Contracting**

1912 Liberty Road  
Eldersburg, MD 21784

410.781.7022

[VISIT WEBSITE](#)

Katie Heyman and Angela Smith take to heart the Owings Brothers Contracting motto, “We build family traditions. Let our family build for yours.” The interior designers operate an award-winning design studio to help clients discover their own personal styles, while demonstrating how to create timeless looks in their homes. The Design Studio, which has grown to 20 employees in the field, five in the office, and four design staff, has close working relationships with architects, vendors, and crafts people. It has received multiple awards from industry associations, as well as such accolades as Remodeling magazine’s Big 50, the Chrysalis Award, Best of Houzz, and Baltimore magazine’s Best of Baltimore. Heyman and Smith also volunteer time, talent, and materials to community projects, including Rebuilding Together Howard County and Habitat for Humanity in Carroll County.



## **Shannon Winakur, MD**

Medical Director, Women’s Heart Center

### **Saint Agnes Hospital**

900 S. Caton Avenue

Baltimore, MD 21229

410.644.5111

[VISIT WEBSITE](#)

Shannon Winakur dreamed of a career that would allow her to help other people, every day. Medicine was the perfect fit. “Once I knew the statistics around heart disease in women,” she says, “specializing in cardiology was a clear choice for me.” A graduate of Harvard College with a medical degree from the University of Maryland School of Medicine, Dr. Winakur heads the Women’s Heart Center at Saint Agnes Hospital. She works with a team of physicians who offer such services as prevention, screenings, education, and advanced treatment options.

Part of the hospital’s Cardiovascular Institute, the Women’s Heart Center was founded in 2012 and has grown exponentially, making positive strides in building awareness among women about the importance of prevention and early detection of heart disease, the number one killer of women in the U.S. The center works with local primary-care physicians and OB/GYNs to stress the importance of heart-healthy living.

Dr. Winakur, who completed her internal medicine residency at The Johns Hopkins Hospital and a fellowship in cardiology at the University of Pennsylvania, has been recognized as a Top Doc by her peers in Baltimore magazine. She is actively involved in Saint Agnes Hospital’s Red Dress<sup>SM</sup> Sunday initiative with local churches and the Baltimore County Public School System, working to raise awareness about heart disease. “Our biggest challenge is to educate more people so that we can change the statistics,” she says.



## **Donna Emeott**

Real Estate Advisor

### **Berkshire Hathaway Homesale Realty**

1425 Clarkview Road Suite 700

Baltimore, MD 21209

410.583.0400

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Donna Emeott knows better than anyone that shelter is a basic human need: She was living in New Orleans when Hurricane Katrina struck, destroying her home. That experience gave her extra resolve to find not just the right house for her clients, but the perfect home.

Also a big believer in historic preservation (She says, “If these Baltimore walls could talk!”), she’s now a top producer with Berkshire Hathaway’s boutique Herber Home Team, building lasting relationships with the buyers and sellers that put their trust in her.



## **Arvinder Daisy Uppal**

President and CEO

### **Charter Radiology**

10700 Charter Drive Suite 110 | Columbia, MD 21044  
116 Westminster Pike Suite 104 | Reistertown, MD 21136  
443.917.2855

[VISIT WEBSITE](#)

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Dr. Daisy Uppal has a passion for radiology and compassion for her patients. Since her business, Charter Radiology, was established nearly three years ago, it has grown exponentially and is establishing a reputation as a premier

outpatient center. That's because Dr. Uppal insists that Charter stay in the forefront of imaging, offering the latest technology to help diagnose and manage diseases. Named Top Doc by her peers in Baltimore in 2016, Dr. Uppal participates in several charities, including the Operation Walk. She and her husband are also involved in the Guru Nanak Foundation of America.



## Sara Evans

Director/Editor

### Daily Planet Productions

312.640.7447

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Sara Evans loves storytelling. After graduating from Northwestern with a degree in Radio/TV/Film, she joined Daily Planet, where she has worked for 20-plus years. The team works with companies throughout the U.S. to produce advertising and web-based viral media campaigns, documentaries, television shows, and brand identity materials. Daily Planet creates videos for such nonprofits as the Epilepsy Foundation and Imerman Angels, a cancer support network. Evans won an Emmy in 2015 for her work with the Chicago Blackhawks. Recently, she moved to Baltimore, where she continues to grow the company.



## **Ella Pritsker**

President and Creative Director

### **Ella Pritsker Couture**

20 E. Timonium Road Suite 312

Timonium, MD 21093

410.560.3910

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Ella Pritsker has come a long way since her childhood days of creating doll clothes in her native Soviet Union. Her full-service fashion-design studio, named best custom clothing designer by Baltimore magazine as early as 2002, offers custom wardrobe services, including executive couture, special occasion couture, and bridal couture. Pritsker and her team are also known for their numerous benefit fashion shows and philanthropic causes, including The House of Ruth, Safe Minds, and The Steve Smith Family Foundation.



## Erica Russo

Owner

## Eva Chin

Owner

### The Point in Fells

1738 Thames Street  
Baltimore, MD 21231  
410.327.7264

[VISIT WEBSITE](#)

For owners Erica Russo and Eva Chin, The Point in Fells is more than a restaurant. The family-owned and operated business is their calling. “We’re a one-stop restaurant and bar catering to what people want,” says Russo. From its breathtaking views of the Harbor to Skee Ball and live music, the Thames Street spot is a destination for locals and tourists alike. Regionally-sourced food, using organic products whenever possible, has earned The Point in Fells Best of Baltimore and Top 50 Restaurant recognition from Baltimore magazine. After seeing revenue increase sharply since the restaurant’s opening six years ago, Russo has her sights on a second location on York Road near the Towson traffic circle. The new 9,000-square-foot restaurant, nearly twice the size of the Fells Point location, is slated to open in mid 2017.



## **Michele A. Shermak, MD, FACS**

Owner

### **Michele Shermak Plastic Surgery**

1304 Bellona Avenue  
Lutherville, MD 21093  
410.616.3000

[VISIT WEBSITE](#)

A highly skilled plastic surgeon recognized in Baltimore magazine's annual "Top Doc" peer survey, Dr. Michele Shermak focuses on helping her patients achieve their best vision of themselves. Expert at body contouring and mommy makeovers, minimally invasive and surgical facial rejuvenation, and cosmetic and reconstructive breast procedures, she listens to patients carefully to assure their goals are met. She has been recognized nationally as a leader in her field, and has written a surgical text on breast and body contouring. Her academic work focuses on patient safety and individualizing patient care.

Dr. Shermak earned her medical degree from Johns Hopkins School of Medicine. After serving on the Hopkins faculty for 11 years, she transitioned into private practice in Lutherville. Her motto: "This is your life... Make it beautiful!"





## Cheryl Millhausen

CEO/Founder

### Exceptional Views

410.236.5051

[VISIT WEBSITE](#)

When neighbors, wowed by Cheryl Millhausen's taste, began asking her for decorating help, she decided to turn it into a business. Exceptional Views, which she started in 2004 while raising her children, is now the "go to" outfit for window coverings, custom drapery, and hardware. The firm is exclusive to the Hunter Douglas brand, including Alustra, and is recognized by the manufacturer for superior customer satisfaction and product knowledge. That may explain why Millhausen increased sales by 60 percent in 2016. Look for Exceptional Views's high ratings on Houzz!



## Alexa Faraday, MD

Internist

### GBMC

6701 N. Charles Street #4106

Baltimore, MD 21204

855.372.5392

[VISIT WEBSITE](#)

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Alexa Faraday went to medical school because she likes to take care of people. And she became an internist because she enjoys diagnostic challenges and establishing long-term relationships with patients. Her concierge medical practice offers prompt appointments, unhurried office visits, and individualized care, so it's no surprise that her patient roster has more than doubled in size in the past four years. "My goal is to be the best doctor I can be," she says. "And that means taking care of my patients like they are my own family."



## **Dena K. Leibowitz**

Founder & Director

### **ZenLife Yoga Boutique & Juice Bar**

800 Kenilworth Dr., Ste. 828

Towson, MD 21204

410.321.9311

443.803.3848

[VISIT WEBSITE](#)

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Dena K. Leibowitz, Yoga teacher, psychotherapist, entrepreneur and Reiki master, is proud to bring to Kenilworth Mall in Towson, a yoga wellness boutique with a hot vinyasa power yoga studio, hottest retail clothes, fresh juice bar, acupuncture, nutrition coaching, energy treatments, holistic counseling, and a serene meditation room. At ZenLife Yoga Boutique & Juice Bar, everyone can relax and settle into a space that will balance their mind, body, and spirit. Check it out on MindBody, Facebook, and Twitter, or download our app on Apple or Google.



## **Eileen Bumba**

Top Producer

### **Long and Foster, Inc. Greenspring Valley Office**

10801 Tony Drive Lutherville, MD 21093

410.790.1757

[VISIT WEBSITE](#)

Baltimore native Eileen Bumba's skill at guiding her clients through the selling and buying process comes naturally to her. Whether they needed investment advice, staging, or marketing of listings, it's her repeat clients that have built her strong referral base. With over \$100 million in real-estate sales, Eileen is ranked in the Top 100 in the state and the top 1 percent nationwide. Eileen volunteers with the county homeless shelter, the Maryland SPCA, and the Maryland School for the Blind.



## **Janet P. Woodyard, MD, FACS**

Owner

### **Janet Woodyard Plastic Surgery**

20 Crossroads Drive, Suite 12

Owings Mills, MD 21117

410.363.9000

[VISIT WEBSITE](#)

As one of the region's most experienced plastic surgeons, Dr. Woodyard feels fortunate to have been able to help thousands of patients achieve their goals. For 20 years, she has masterfully utilized a comprehensive repertoire of both surgical and non-surgical techniques to consistently provide beautiful results. A native of Baltimore and voted Baltimore magazine "Top Doc" by her peers, Dr. Woodyard is a highly skilled surgeon who also has extensive experience with facial injectables. In addition, her experienced aesthetician performs a variety of peels and offers comprehensive skin care products to enhance the natural beauty of the skin. Dr. Woodyard trained at Washington University in St. Louis and is board-certified by the American Board of Plastic Surgery and a member of the American Society of Plastic Surgeons. "My goal is to provide natural results with the safest, most advanced techniques available and to always do so with care and compassion," says Dr. Woodyard, whose practice focuses on cosmetic surgery of the face and body.



## Christa Kummerlowe

Owner

### **YOU Salon**

4785 Dorsey Hall Drive, Suite 118

Ellicott City, MD 21042

443.367.0200

[VISIT WEBSITE](#)

After starting her career at YOU Salon as an apprentice, Christa Kummerlowe knew the salon business was the career for her, and gained the confidence and the knowledge to become the owner two years ago.

YOU Salon is celebrating its 13th anniversary. Each client receives an in-depth consultation for services including custom coloring, hair cutting, styling, and up-dos. Makeup application for special events and weddings is available, as is facial and body waxing. The staff participates in continuing education on a monthly basis to keep up with ever-changing trends, and also holds special classes for clients on topics such as “how to create beach waves.” Committed to giving back to the community, the salon celebrates with a large, year-end Merry Mix party. The staff votes on the receiving charity—some of the beneficiaries have been House of Ruth, Hope Works, and Ronald McDonald House.



## Ashley Ingraham

Owner

### Home Perspective

1901 Ridge Road  
Reisterstown, MD 21136  
443.386.3438

[VISIT WEBSITE](#)

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What Ashley Ingraham once did for friends and family now is her calling: organizing, staging, and moving assistance.

Home Perspective helps you sort and get rid of the items you no longer need, but makes sure those items aren't just thrown out, but are donated, consigned, auctioned, recycled, or upcycled—whether from attics, play spaces, closets, garages, or basements.

She also works with clients and Realtors to stage homes, helping to pack or unpack, and provide estate clearing services.



## **Karen Stevenson**

Realtor

### **Stevenson Residential Group of Keller Williams Excellence**

2331 York Road, Suite 100

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For more than 10 years, Karen Stevenson has been a top producing full time REALTOR® whose primary goal is to be an exceptional resource for her clients' residential real estate needs. As the driving force behind Stevenson Residential Group of Keller Williams Excellence, she is knowledgeable with all types of properties, contracts, financing, and the complex situations that occur in real estate transactions, and is also a Certified Luxury Home Marketing Specialist™. Karen is a highly trained, experienced REALTOR® and skilled negotiator, who works hard for her clients, always keeping their best interests at heart.





## Laura Thomas

Owner

### **Melville Thomas Architects, Inc.**

600 Wyndhurst Ave. #315

Baltimore, MD 21210

410.433.4400 x108

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Laura Melville Thomas knew architecture was her calling. First as a high school student working in a small firm, then as a college student in a five-year professional architecture program, then working with firms in both Boston and Baltimore.

In 1987 she started her own firm and today is celebrating the 30th anniversary of her award winning and successful practice. She is proud to have employed scores of young women intern architects and to have actively mentored the next generation of women in architecture.



## **Julissa Lambruschini**

President

### **MJ Baltimore Cleaning Services**

112 Galloway Avenue, 1C

Cockeysville, MD, 21030

410.252.2141

443.629.4484

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The staff at MJ Baltimore Cleaning Services believes that their role isn't just to clean, but to make their clients' lives easier. With 10 years experience, the family business has been lauded by Angie's List as the top cleaning company in Baltimore for its thoroughness and reliability. President Julissa Lambruschini ensures that MJ Baltimore Cleaning Services stands out from the competition by bringing a personal touch to each of its 300-plus residential and commercial customers. "We love working in the Baltimore area," says Lambruschini. "Our clients trust us, and that's what matters to me."



## **Janeen Kuser**

Marketing and Communications

### **Maryland Transit Administration**

6 St. Paul Street, Suite 202

Baltimore, MD 21202

410.767.8746

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With more than 20 years of experience in transportation, marketing, and hospitality, Janeen Kuser helps promote the MTA, an award-winning agency operating 80 bus lines, Light Rail, Metro Subway, and the MARC Train for the greater Baltimore-Washington area. She oversees partnerships with area attractions and sports teams, helping link people with leisure activities—and to transportation needed for work, school, and life. She also manages a new program called Adopt-A-Stop, which provides the tools for communities to keep adopted bus stops squeaky clean. A hands-on manager, Kuser works to make Maryland transit as great as it can be.



## **Katherine Rogers**

Executive Director

### **Penn-Mar Foundation**

310 Old Freeland Road  
Freeland, MD 21053  
410.343.1069

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Founded in 1981 by a group of parents, Penn-Mar has grown from an organization with 12 adult clients to one supporting over 400 individuals with intellectual and developmental disabilities. Executive Director Katherine Rogers, received a degree in business from Virginia Tech, began her journey in nonprofit leadership in 1998 and has never looked back. Last year, Penn-Mar was recognized by Gov. Hogan and by Baltimore County. Rogers serves on the Baltimore County Chamber of Commerce and is part of the Greater Baltimore Committee's Workforce and Education Committee.



## Hazel Glasper, DDS

Owner

### **Revive Dental, Comprehensive Continuum, Teach Me Dental**

2600 Longstone Ln., Ste. 101

Marriottsville, MD 20723

410.442.0103

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Business owner and dental coach Hazel Glasper sees her leadership in the field of dentistry as a “spiritual calling.” Her dental practice, Revive Dental, and her nonprofit, Teach Me Dental, are helping to change the way people think about oral health. Dr. Glasper’s “outside-of-the-box” approach promotes a holistic solution. A co-host on Radio One and featured on television, Dr. Glasper—who is also an ambassador for the American Health Association—has reached more than 2.5 million people with the message about the impact dental health has on overall health.



## **Elizabeth Spannhake, DDS**

Orthodontist

### **Terrace Dale**

7801 York Road, #315

Towson, MD 21204

410.321.5004

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Spannhake Orthodontics is a high-tech practice with a personal touch. Dr. Elizabeth Spannhake, uses the most advanced diagnostic and treatment methods to meet the needs of children, teens, and adults. Dr. Spannhake and her staff have created a pleasant and professional environment that puts everyone at ease, and her many years using Invisalign™ have given her the skills to use this innovative solution for many orthodontic problems. Spannhake Orthodontics strives to make treatment affordable for everyone.



## **Amanda Westra**

Owner/Stylist

### **Studio 360 Hair and Nails**

10 Fila Way, Suite E

Sparks, MD 21030

443.338.4106

AMANDAWESTRA@GMAIL.COM

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It's the energy, teamwork, and incredible vibe of Studio 360 that's brought it instant success. Open only 18 months, the full-service hair and nail salon—which specializes in color—now has 30 employees and quickly won a spot on Baltimore's list of 25 top salons.

Westra—trained at both the Vidal Sassoon and Tigi academies—also gives back: Among the salon's causes was a Rock the Pink Shave-a-Thon to support a client's breast-cancer fight.



## **Nancy Rosenberg**

Mortgage Loan Officer

### **SunTrust Mortgage**

10025 Governor Warfield Pkwy. Suite 118

Columbia, MD 21044

410.440.2417

[NANCY.ROSENBERG@SUNTRUST.COM](mailto:NANCY.ROSENBERG@SUNTRUST.COM)

NMLS #104392

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Since 2001, SunTrust Mortgage, Inc. loan expert Nancy Rosenberg has helped all sorts of people achieve homeownership—experienced buyers, first-time home buyers, and those refinancing an existing loan. She has additional expertise in jumbo financing and financing designed to meet the needs of licensed medical physicians and dentists. Nancy has previous experience in the financial services industry and has worked with many clients referred by their realtors, CPAs, financial advisors and clients—more than 95 percent referrals.





## Annette Walter

Owner & CEO

### **Timber Industries & iEvolve Consulting**

P.O. Box 6879

Towson, MD 21285

410.823.8300

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Annette Walter is extremely goal-oriented. When she acquired Timber Industries, she turned it into a national, woman-owned lumber, pallet and crating company, looking for efficiencies and lowering overhead, resulting in a 30 percent increase in sales year-over-year. A former banking professional, Walter offers business and leadership coaching through her other company, iEvolve Consulting, which provides out-sourced C.O.O. services to help companies re-organize and grow. Speaking of growth, Walter's goal is for Timber Industries to "blow past the \$10 million mark in the next few years."



## Marianne Kresevich

Owner

### Verde

641 S. Montford Avenue  
Baltimore, MD 21224

[VISIT WEBSITE](#)

Lauded by Zagat as “Best Pizza in Maryland” and one of Baltimore magazine’s 50 Best Restaurants, Verde crafts authentic pies in the Neapolitan tradition. Co-owner Marianne Kresevich has just released a catering menu specializing in Italian sandwiches and entrees. In addition to Verde’s award-winning pizzas, the catering menu features pastas, entrees, and Italian specialty sandwiches crafted with house-made bread, baked in their wood-fired oven. The meats, cheeses and produce used are imported from Italy or locally sourced when available.



## Devon Conklin, DDS

### Ward, Byrne, and Conklin Dental Group

1104 Kenilworth Drive Suite 102

Towson, MD 21204

410.583.7010

Named a Top Dentist in Baltimore's annual peer survey, Devon Conklin continued the practice founded by her parents when she and partner Charlie Ward took it over in 2012. A believer in working with patients to achieve a healthy smile they can be proud of, Conklin is also a fan of Invisalign™, which studies show works faster than traditional braces to move teeth into alignment. Her goal is to have patients with healthy gums and teeth, which, she points out "helps lead to a healthy self."

Interested in seeing yourself or someone you know listed here?

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